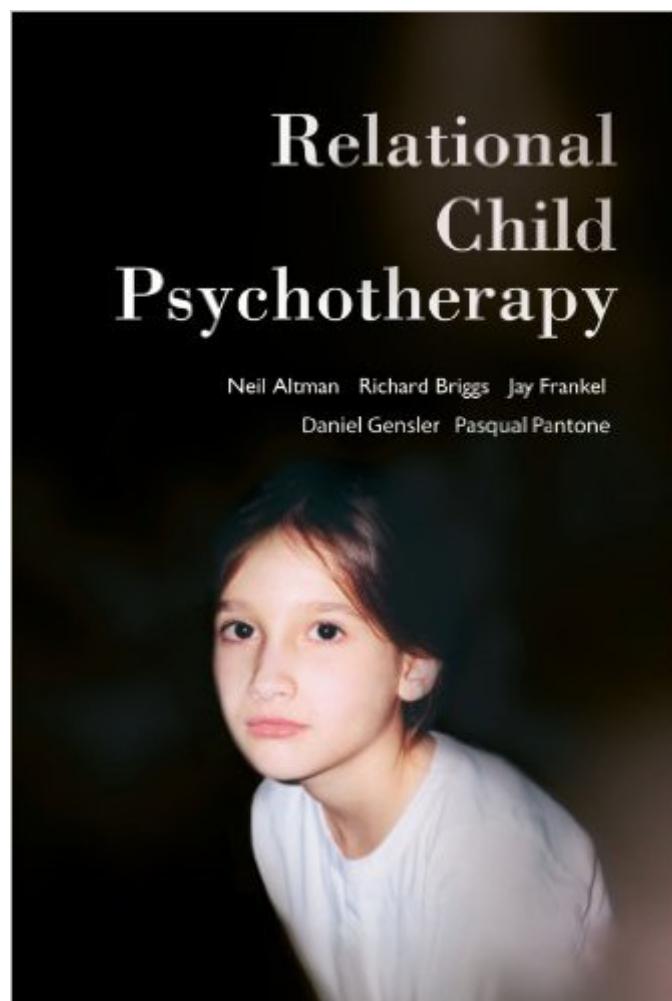


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# Relational Child Psychotherapy



## **Synopsis**

Child therapists practicing today are faced with the challenge of developing a coherent theory and technique while drawing on a number of diverse traditions as disparate as psychoanalysis, behavior therapy, and family systems theory. This diversity presents child therapists with a rich heritage, but it also presents a formidable complexity to be integrated into their therapeutic work. This book develops such an integration, offering a rich overview of issues currently being addressed by clinicians and theoreticians, exploring various relational models and their implications for treatment. The authors bring to light the critical issues of clinical practice with children, and offer powerful new models for child psychotherapists. The problems and strategies for approaching the clinical relationship between child and therapist, as well as that between parent and therapist, are examined in depth. The authors also explore the clinical setting versus the role of the therapist in the extra-clinical context of a child's life, the therapeutic aspects of play, and the unique behaviors of children manifested in the therapeutic environment. --This text refers to the Hardcover edition.

## **Book Information**

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## **Customer Reviews**

As a new therapist this book was excellent for describing my theoretical orientation from a psychodynamic relational interpersonal approach. I LOVE this book because it easily describes theory and application. A MUST have for both supervisors and MFT / social work trainees!

There has been a lag in the child literature on child therapy in which books do not reflect recent

dramtic changes in the field. With the printing of Relatioanl Child Psychotherapy we now have a books that presents a through contemporay overview of working with child and adolescents from within a psychoanalytic framework. I am teaching two different classes on child psychotherapy and this book is assigned as the main reading for both. It is well written, far-reaching and very celar and accessible.

As a clinical MSW interested in ultimately working with children using a relational approach, I have found this book to be an invaluable resource. It is clear and easy to read, but does not shy away from complex ideas. I recommend this book to anyone interested in relational theory and looking for ways to incorporate it in their work with children.

Great!

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